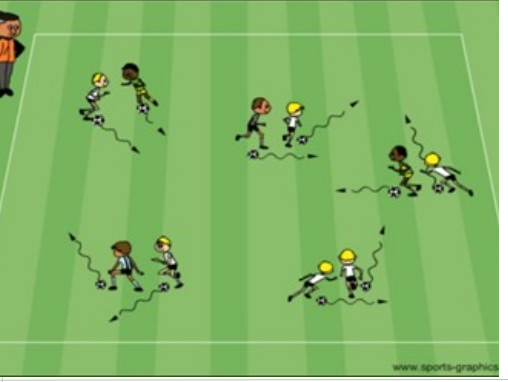
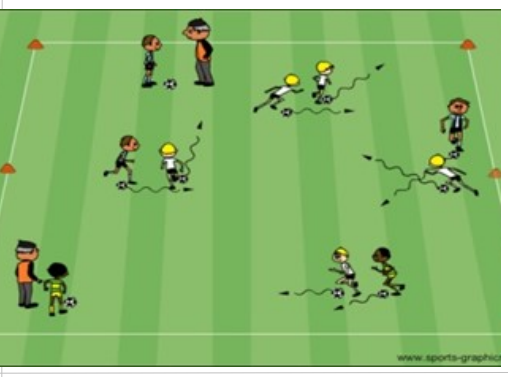

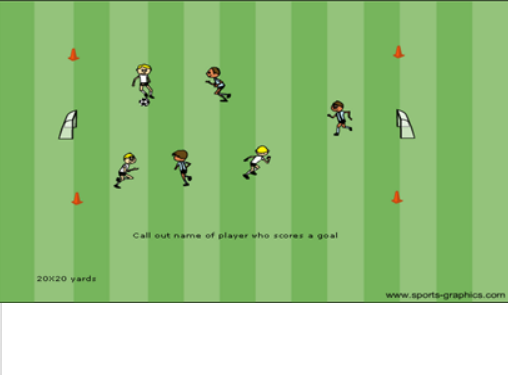


SKILL	Soccer ready position		
8-10 mins	Play- as players arrive have them join in a small sided game	Set up multiple fields if needed (20yds X 20yds). 3V3 or 4V4 small games. No goalies, no throw-ins, kick ins only	Let them play
	<u>Activity Description</u>	<u>Set Up Diagram</u>	<u>Coaching Points</u>
#1 12 mins	<u>Go Get'em</u> Players dribble the soccer ball and attempt to tag each other with their hands. Players must keep the ball close to their feet when trying to tag someone.		Players keep count of their own tags. If playing more than one game, have players improve their tags.
#2 12 mins	<u>Ambulance Tag</u> Players dribbling a soccer ball will try to tag each other with their hands. If a player is tagged he/she must cover the tagged (injured) spot with one hand, second tag use the other hand, third tag the player must go to the ambulance to see the doctor and cure him/her.		Use a coach or player as the ambulance. Switch the players who get to be the ambulance
#3 12 mins	<u>Body Parts</u> All players dribbling a soccer ball. The coach calls out a body part (elbow - knee) and the players then touch their ball with that part of the body.		Change which body parts are called out. Call out multiple body parts.
<u>PLAY</u> 20 mins	<u>Name Calling</u> 3V3 or 4V4 small sided game. No goalies, no throw-ins, kick ins only. Set up multiple fields if needed (20yds X 20yds).		Anytime a goal is scored everyone must call out that players name. If the ball goes out of bounds, the player kicking it in must call out a teammates name